

Information on Insurance Claims for Off-Campus Mental Health Services

YOUR FAMILY/PRIVATE INSURANCE IS PRIMARY FOR ALL OFF-CAMPUS REFERRALS. It is your responsibility to familiarize yourself with your family/private insurance, i.e.: if it is a PPO or HMO, you may need to find a participating provider and verify benefits. (*This list of providers may not be in your network!*). To find a provider in your network you must call member services. This telephone number can be found on the back of your insurance card. This should be done before you schedule an appointment otherwise you risk benefits being paid at a reduced rate or not at all. **In the event of an emergency never delay treatment, go immediately to the nearest hospital.** In this case your insurance company should be notified as soon as possible. If you have questions, please call the Counseling Service administrative assistant at ext 7433.

If you have no family/private insurance the following applies to the Bard College Blanket Accident and Health Insurance Plan.

PLEASE NOTE: The Bard College Blanket Accident and Health Insurance Plan (Markel/POMCO) does NOT cover loss or provide benefits for in-patient mental or emotional disorders.

Outpatient Psychiatric Expense:

The Bard College Blanket Accident and Health Insurance plan covers *outpatient* psychiatric expenses as follows:

- Expenses rendered by a licensed clinical social worker or psychologist will be paid at 80%, subject to a maximum of \$100 per visit, not to exceed 10 visits per academic year.
- Visits to a psychiatrist (MD) will be paid at 80%, subject to a maximum of \$150 per visit, not to exceed 6 visits per academic year.
- You may see both types of providers simultaneously
- Benefits are renewed annually

Payment of fees:

Payment is usually required at the time of service but some providers may file a claim on your behalf. This will need to be discussed with the provider prior to the first appointment so you can be financially prepared. In either case, a claim form will need to be filled out and submitted to the insurance company in a timely manner.

Claims Procedure:

To file a claim under the Bard College Blanket Accident and Health Insurance Plan, you should:

- Pick up a claim form and copy of the benefits booklet from the Student Health and Counseling Services office or online at the Markel/POMCO website, www.markelmedical.com, prior to your appointment.
- The claim form must be completed and signed. Attach all itemized medical and hospital bills. Itemized bills must be furnished with the claim form within 90 days from the date of service.
- Itemized bills must include a diagnosis code, treatment code, fee for service, and tax identification number of the provider.
- Questions should be referred to the Claims Administrator at POMCO. The phone number is 1-866-834-4765.
- Preauthorization and precertification of benefits to providers of medical service are not required nor provided by Markel.
- We recommend calling Markel/POMCO two weeks after the date of service to check on "claim status." This will insure timely reimbursement.

Student Insurance Policy Numbers

For expenses incurred during the 2007-2008 Academic Year: Policy Number 07200030

For expenses incurred during the 2006-2007 Academic Year: Policy Number 06200030

Contact Information

Health and Counseling Services Administrative Assistant: Micki Strawinski, ext 7433, healthservice@bard.edu

General Claims questions:

POMCO 1-866-834-4765 Heather

For problems with a claim or claim review:

Markel 1-800-342-4841 Jolene, ext. 7626

SOCIAL WORKERS

Catskill Mountain Counseling

ASAM Board Certified Medical Director
ASAM Certified Psychiatrist
Psychiatric Nurse Practitioner
Psychiatric Registered Nurse
Licensed Certified Social Workers
Credentialed Substance Abuse Counselors

2905-2 Route 9W

PO Box 873

Saugerties, NY 12477

Phone: 845-247-8001

Fax: 845-247-8003

Fee: Sliding Scales

Insurance: Accepts insurance

Copay: Depends on insurance

Michael Cole, LCSW

138 Rokeby Road

Red Hook, NY 12571

Phone: 845-758-1305

Fax: 845-758-1305

Fee: \$80 per session

Insurance: Accepts insurance

Copay: Depends on insurance

Hours: Weekdays 7 am – 8 am, 6 pm – 8 pm

Specialty: Substance abuse, dependence evaluation and treatment, Affective disorder, stress management

John DeRosalia, CSW

276 Fair Street

Kingston, NY 12401

Phone: 845-331-8384

Fax: 845-331-8384

Fee: \$90, sliding scale to \$65

Insurance: Accepts insurance

Copay: Depends on insurance

Hours: Flexible

Specialty: Addictions, specializing in sexual addiction

Sean M Endress, MA, MSW, Psychotherapist

199 Main Street

New Paltz, NY 12561

Phone: (718) 887-1378

SeanMEndress@yahoo.com

Specialty: Transgender issues

Stephen C. Fay, CSW-R

6520 Springbrook Ave

Rhinebeck, NY 12572

and

69 Fraleigh Street

Red Hook, NY 12571

Phone: 845-758-1107

Fax: 845-876-7531

Fee: \$100 per hour

Insurance: Accepts insurance

Copay: Depends on insurance and individual situation

Hours: Tuesday, Wednesday, Thursday 9 am – 6 pm.

Francine Glasser, LCSW

18-20 East Market Street

Rhinebeck, NY 12572

Phone: 5845-518-4560

Fax: none

Fee: \$80 - \$100 per hour, without insurance \$65

Insurance: Accepts insurance

Copay: Depends on insurance

Hours: Afternoon and evening hours

Specialty: Trauma, G & L issues (DBT and EMT)

John H. Grant, LCSW-R

291 Wall Street

Kingston, NY 12401

Phone: 845-339-5572

Fax: 845-339-5572

Fee: \$100

Insurance: Accepts insurance

Copay: Depends on insurance

Hours: Monday through Thursday, 9 am – 9 pm

Ruth Levine, LCSW

PO Box 152

976 Church Road

Saugerties, NY 12477

Phone: 845-246-3391

Fee: \$100

Insurance: Yes

Copay: Depends on insurance

Hours: 9 am – 9 pm

Specialty: Women's issues, LGBTQ

Pam Neimeth, LMSW

26 E Market Street

Rhinebeck, NY 12572
Phone: 845-758-5266
Fee: \$85
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: Monday – Friday, day hours
Specialty: somatically oriented work, guided imagery, sexual abuse survivors

Jamie O’Neil, CSW

30 East Market Street
Rhinebeck, NY 12572
Phone: 845-876-7600
Fax: 845-876-7600
Fee: \$100
Insurance: MVP, Medicare, POMCO, MHN
Copay: Depends on insurance
Hours: Monday, Wednesday, Friday
Specialty: Dialectical Behavior Therapy, EMDR treatment, Trauma, borderline

Carol Papinis, LCSW-R

162 Aaron Street
Kingston, NY 12401
Phone: 845-339-1766
Fax: 845-331-6045
Fee: Initial visit \$100, Follow-up \$75
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: Monday through Friday, 10 am – 6 pm
Specialty: Eating disorders, family and relationship issues

Daniel A Siegel, LCSW, CASAC

44 Main Street
Kingston, NY 12401
Phone: 845-340-0881
Fax: 845-338-0282
Fee: \$90
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: Monday through Friday, 9:30 am – 7:30 pm
Specialty: ETOH/Substance abuse, general practice

Rhinebeck Counseling Center

Jane Amsten, CSW, Clinic Director
Jeanne Asma, CSW, Natalie Guernsey, CSW
Esther Hedberg, MD, Jana Vengrin, PNP
6529 Springbrook Avenue

Rhinebeck, NY 12572
Phone: 845-876-2006
Fax: 845-876-5641
Fee: \$85 down to \$10 (sliding scale)
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: M-W-Th-F 9 am – 5 pm, Tuesday 9 am – 9 pm
Specialty: Substance abuse and dependence

Sandy Sklar, LCSW-R

58 E Market Street
Rhinebeck, NY 12572 and
59 Green Street
Kingston, NY 12401
Phone: 845-876-1176
Fax: 845-876-3801
Fee: \$100 to insurance
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: In Rhinebeck: Monday afternoon , Tuesday 11 - 5, and Wednesday 10 - 5
In Kingston: Thursday 11 - 5
Specialty: Grief and loss, transitions, anxiety

Barbara Soloman, MSW, CSW

288 West Market Street/Route 199
Red Hook, NY 12571
Phone: 845-758-6800
Fax: 845-758-6801
Fee: \$60 - \$90
Insurance: Accepts insurance
Copay: Depends on insurance coverage
Hours: 8:30 am – 7:00 pm

Mary Taylor, LCSW

8 Garden Street
Rhinebeck, NY 12572
Phone: 845-876-1100
Fax: 845-876-1378
Fee: \$100
Insurance: Accepts insurance
Copay: Depends on insurance
Hours: Monday and Wednesday, 10 am – 8:30 pm
Specialty: Creatively gifted individuals, career counseling

PSYCHOLOGISTS & PSYCHIATRISTS

Nancy Abrams, PhD

15 Pine Grove Road
Woodstock, NY 12498
Phone: 845-679-5672
Fax: 845-679-0495
Fee:

Insurance: Will not work with managed care insurance
Copay: Depends on insurance
Hours: Tuesday, Wednesday, Thursday 11 am – 8 pm

Behavioral HealthCare of New York

Carlos Valle, MD

465 Broadway
Kingston, NY 12401
Phone: 845-340-0244
Fax: 845-340-0141
Fee:

Insurance:
Copay
Hours:
Specialty: Board Certified Child Psychiatrist

Center of Health

Catherine Lala, NPP

Victor McGregor, PhD, NPP

25 Ulster Avenue
Saugerties, NY 12477
Phone: 845-246-3642
Fax: 845-246-1612
Fee: \$100 per hour

Insurance: Accepts insurance
Copay: Depends on Insurance
Hours: Vary

Catskill Family Practice

Steve Dagirmanjian, PhD

Joseph Eron, PhD

Thomas Lund, PsyD

112 N Front Street
Kingston, NY 12401
Phone: 845-338-5450
Fax: 845-338-0949
Fee: \$130, and need-based adjustments

Insurance: Accepts some insurance
Copay: Depends on insurance
Hours: Monday through Friday 8 am – 5 pm

Catskill Mountain Counseling

ASAM Board Certified Medical Director

ASAM Certified Psychiatrist

Psychiatric Nurse Practitioner

Psychiatric Registered Nurse

Licensed Certified Social Workers

Credentialed Alcohol/Substance Abuse

Counselors

2905-2 Route 9W
PO Box 873
Saugerties, NY 12477
Phone: 845-247-8001

Fax: 845-247-8003
Fee: Sliding Scales
Insurance: Accepts insurance
Copay: Depends on insurance

Julia Eilenberg, MD

22 Garden Street
Rhinebeck, NY 12572
Phone: 845-876-7822
Fax: 845-876-8850

Fee: Initial evaluation \$250, 45 min \$185, 30 min \$125
Insurance: Does not accept insurance
Copay: Payment in full at time of service
Hours: Monday and Thursday 9 am – 5 pm
Specialty: Psychotherapy with medication cases

Patricia L. Gerbarg, MD

185 Fair Street
Kingston, NY 12401
Phone: 845-331-8881
Fax: 845-331-3562
Fee: \$175

Insurance: Bard insurance, MVP
Copay: \$25
Hours: Monday through Friday, 10 am – 2 pm

Ron Goldman, MD

185 Fair Street
Kingston, NY 12401
Phone: 845-340-0640
Fax: 845-876-7822

Fee:
Insurance: No
Copay: Payment in full at time of visit
Hours:

Richard Gordon, PhD

7575 Old Post Road
 Red Hook, NY 12571
 Phone: 845-758-5080
 Fax: none
 Fee: \$100 per session
 Insurance: Accepts insurance
 Copay Depends on insurance
 Hours: Thursday and Friday hours
 Specialty: Eating disorders, depression and anxiety, family and relationship issues
** Dr. Gordon is a professor of psychology at Bard. He does not see students who he has in classes.*

Andrea Grunblatt, PhD

275 Fair Street
 Kingston, NY 12401
 Phone: 845-331-3001
 Fax: 845-331-3011
 Fee: \$50- \$130
 Insurance: Accepts insurance
 Copay Depends on insurance
 Hours: Monday through Friday 8:30 am – 8:30 pm, occasional Sunday 9 am – 1 pm

Hudson Valley Psychology Associates**Lawrence Dresdale, PhD****Mark Hammel, PhD****Michael Schwalberg, PhD**

159 Green Street, Suite 1
 Kingston, NY 12401
 Phone: 845-339-2352
 Fax: 845-339-2382
 Fee: \$95 per session
 Insurance: Accepts insurance
 Copay: Depends on insurance coverage
 Hours: Flexible hours
 Specialty: Anxiety disorders

David C. Shiffman, PhD

163 Old Post Road
 Rhinebeck, NY 12572
 Phone: 845-876-4524
 Fax: 845-876-5474
 Fee: Depends on insurance, self-pay \$80
 Insurance: Accepts insurance
 Copay: Depends on insurance
 Hours: Call for appointment

Leo Stronger, PhD

38 Tivoli Garden
 Tivoli, NY 12583
 Phone: 845-757-5914
 Fax: none
 Fee: Depends on Insurance, minimum self pay \$40
 Insurance: Accepts insurance
 Copay: Depends on insurance
 Hours: Monday through Friday 6pm – 10 pm, Saturday 10 am – 10 pm
 Specialty: Student adjustments, anxiety, depression, panic, marital and couples, eating disorders

Judy Waldman, PhD

18-20 E Market Street
 Rhinebeck, NY 12572
 Phone: 845-661-7270
 Fax: none
 Fee: Range \$90 - \$150
 Insurance: Accepts some insurance
 Copay: Depends on ability to pay
 Hours: Thursday 9 am – 8 pm, will be adding additional hours
 Specialty: Anxiety, PTSD, Stress, depression, relationships, PD